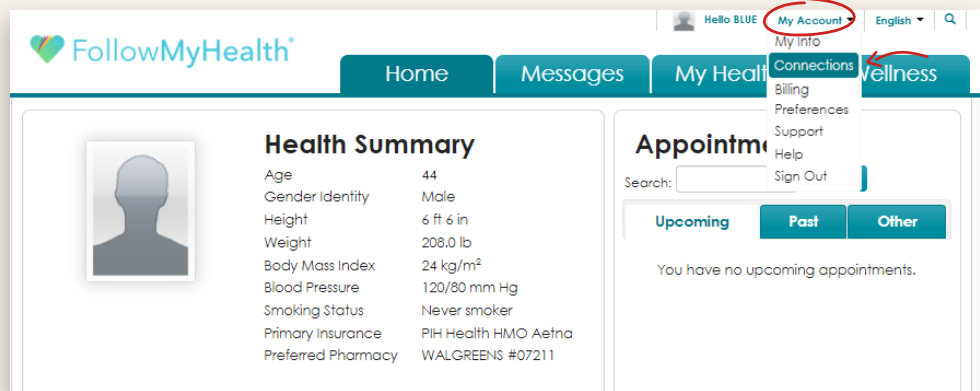


# Portal Registration Instructions



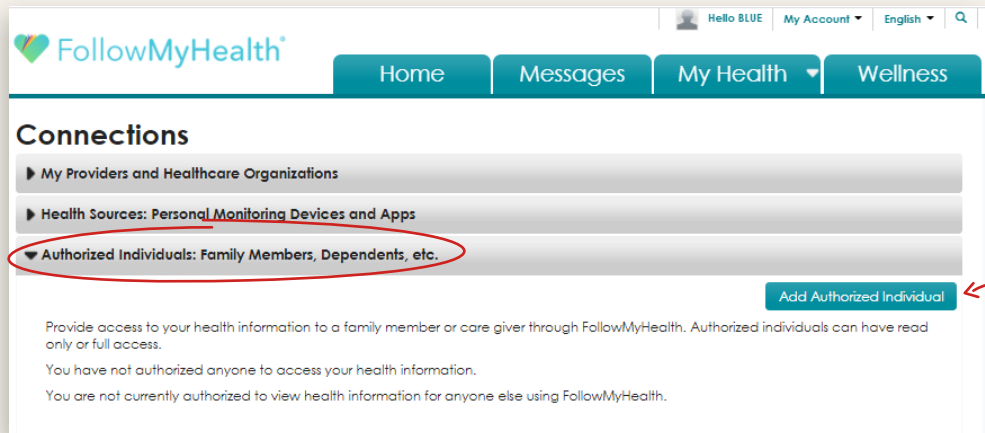
## Adding a Proxy

1. Click on the My Account dropdown
2. Select Connections



3. Click on Authorized Individuals: Family Members, Dependents, etc.

4. Click on the Add Authorized Individual button



5. Fill out fields with the individual's information

**Add Authorized Individual**

Allow someone to access your FollowMyHealth record. Full access allows them to view and edit information, schedule appointments, and communicate with your providers on your behalf. Read only access only allows them to view your records. They will not be able to make changes or communicate with your providers.

Read Only Authorized Individual  Full Access Authorized Individual

First Name:  Last Name:

Relationship to You:  Email Address:

FollowMyHealth will send an invitation email to the address listed above. The authorized individual will be prompted to enter the invitation code entered below to complete the process. Please share the invitation code with your authorized individual.

Invitation Code:

# Removing a Proxy

1. Select the proxy you want to remove and click the Remove button

The screenshot shows the 'Connections' section of the FollowMyHealth portal. It includes a navigation bar with 'Home', 'Messages', 'My Health', and 'Wellness'. Under 'Connections', there are three expandable sections: 'My Providers and Healthcare Organizations', 'Health Sources: Personal Monitoring Devices and Apps', and 'Authorized Individuals: Family Members, Dependents, etc. ( 1 Authorized Individual )'. The 'Authorized Individuals' section contains a table with the following data:

Name	Access	Health Record Updates	Remove
Blanch Test	Read Only	Active	Remove

The 'Remove' button in the table is circled in red. Below the table, there is a 'Third-Party Apps ( 2 Authorized Apps )' section.

Go to [PIHHealth.org/Portal](https://PIHHealth.org/Portal) to access your health information and start managing your care online!



[PIHHealth.org](https://PIHHealth.org)